

Code Blue Leadership

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Disclosures

I have no commercial, non-commercial, or institutional financial interests or personal financial relationships to disclose regarding the material presented in this lecture.

This is NOT about medical knowledge!
We're focusing on the act of LEADERSHIP

Today's Roadmap



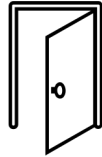
1

I am the code leader



2

Set yourself up for
success



3

What to do when I WALK
(NOT run) into the room



4

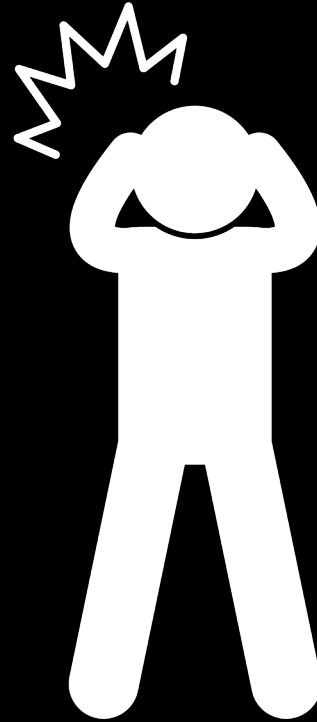
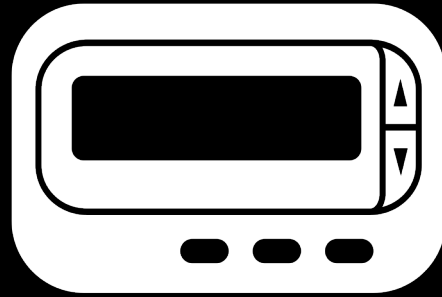
PEARLS!



5

Debrief and
Feedback

“CODE BLUE!”



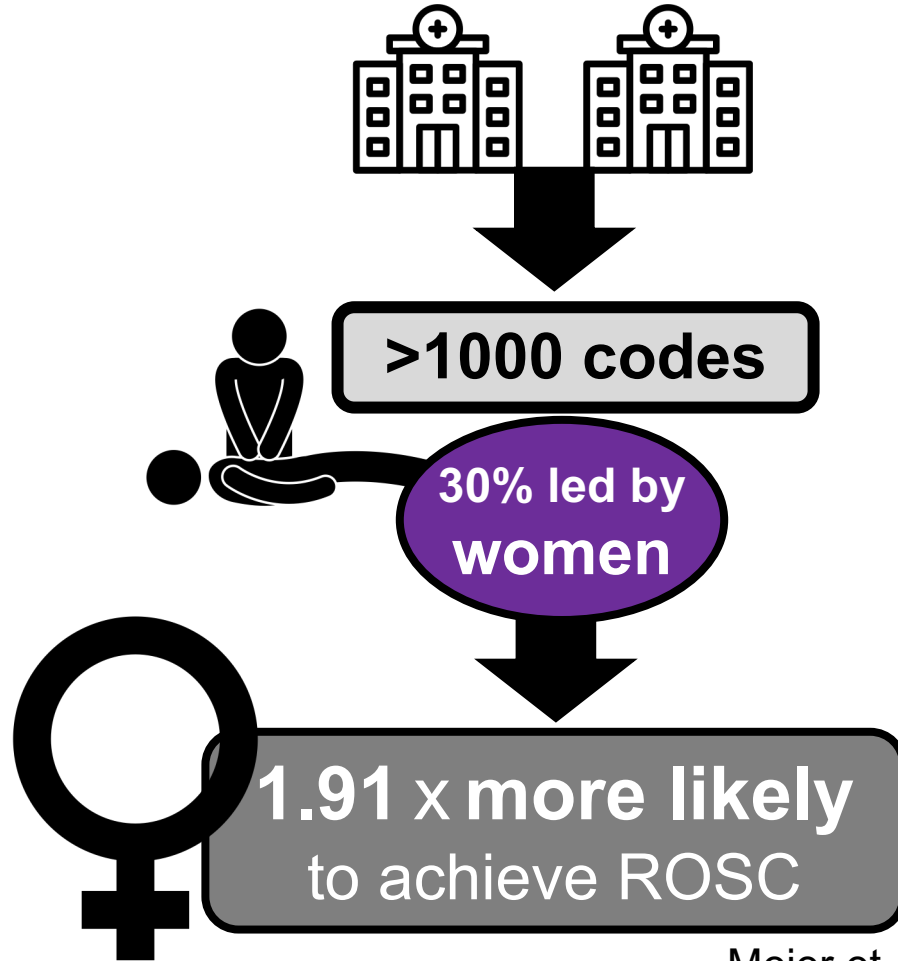
Code Blue Leadership Challenges

*“In addition to remembering the ACLS algorithm and everything else you have to do during a code **you’re also trying to assume this persona of being in charge** and I think that’s probably a little more stressful [for women].”*

*“**I act differently during a code** than my normal day-to-day behavior...**the male residents do not have to alter their behavior quite as much**...and [they] still command authority.”*

*“Anyone who tells you that being a white male with a deep voice and who’s a little bit taller is not an advantage to being perceived positively, or perceived as in control, would be lying, **in really any situation not just a code.**”*

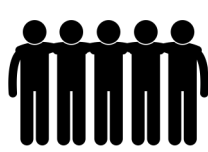
Is there a difference in **Outcomes**?



I AM the Code Leader!



Set yourself up for **SUCCESS!**



1

Know your **code team**



2

Check your **knowledge**



3

Check your **pulse**



4

CHECK YOUR PPE

When First Walking Into the Room

What is your mantra?

"Hi, my name is *. I am the code leader."**

Where do you stand?

At the foot of the bed. ALWAYS

When First Walking Into the Room

Your ACTIONS:

- 1 Position yourself at the **foot of the bed**
- 2 **Control** the room
- 3 **DELEGATE!**

You need to ensure ACLS is ongoing & the team is organized **BEFORE** getting more history

Clinical Scenario

As part of wanting to be as helpful as possible **the code leader was offering to do things that are outside of the scope of code leadership** (like offering to administer meds, do the cardiac ultrasound).

Have you done this? Or seen this?

What Tasks To Assign

Code Whisperer

Airway

Timer

Defibrillator

Labs/Monitor/Access

Pulse Check

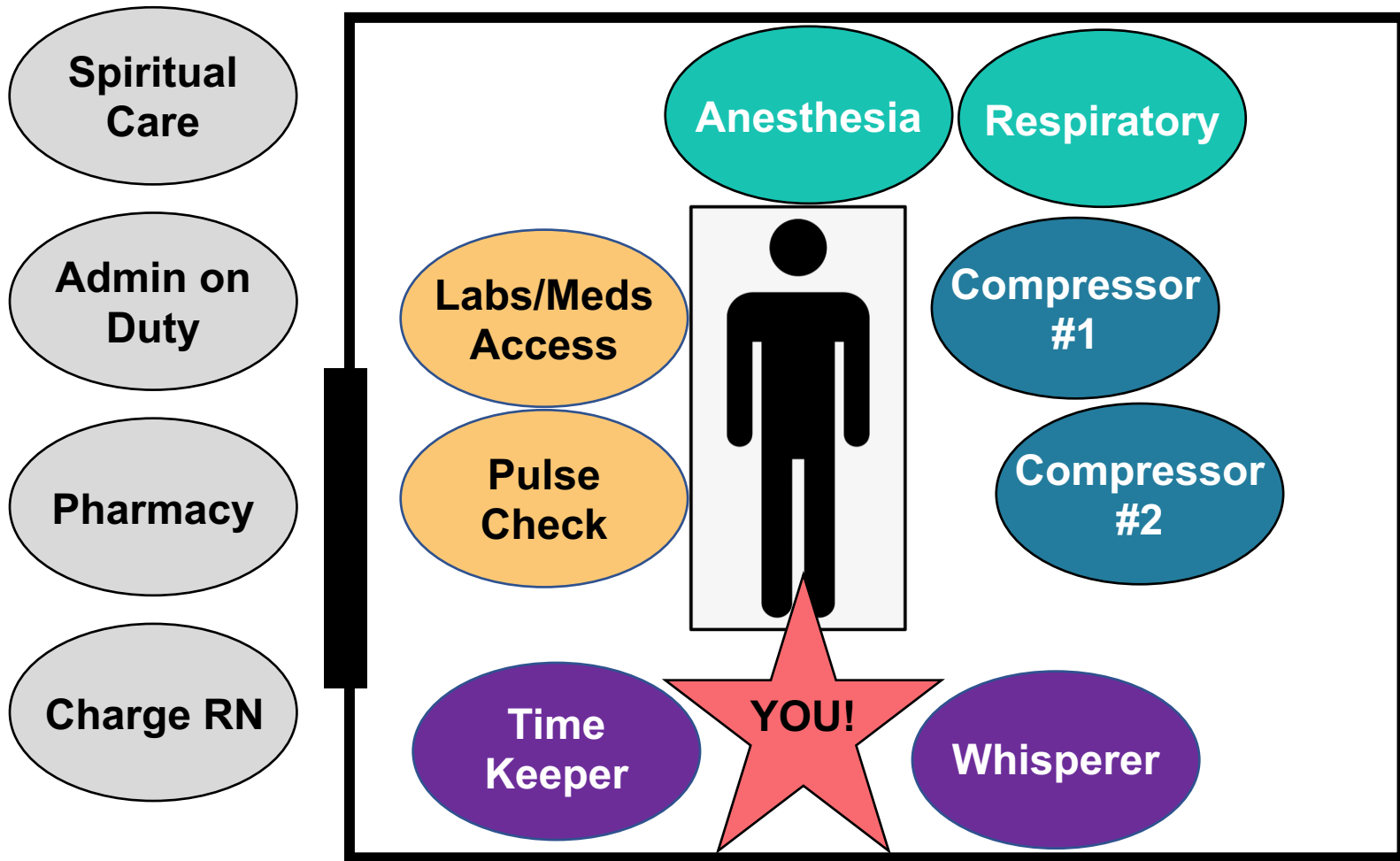
Compressions

Chart Review

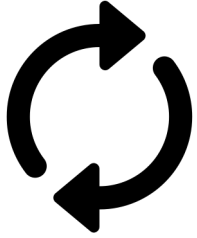
Crowd Control

That's already 10+ people
OK to ask people to leave

Where IN the Room



HOW to Assign Tasks



Closed Loop Communication

Use peoples names

If you can't remember someone's name, ask "remind me your name"?

Respond with, "(insert name here) will you draw a rainbow set of labs, please let me know when they are sent"

Make eye contact when assigning a task

Wait for confirmation of receipt of the task

Clinical Scenario

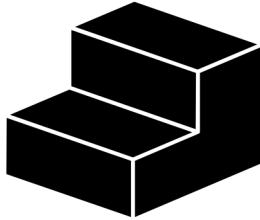
You arrive to the code after someone (who is not part of the code team) has already started leading it and **you, as the code leader, want to "take over" the code.**

Have you experienced this?
What would you do?

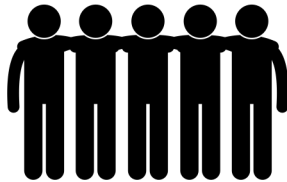
Code Blue Leadership Pearls!



Superhero stance!



Get a step stool!



Use your colleagues as back up!

Clinical Scenario

You're the code leader, **the ICU attending and ICU fellow are having side conversations about what should be done** and ultimately end up just telling you what to do.

Have you experienced this?
What would you do?

Code Blue Leadership Pearls!



Talk in a **firm, loud voice**
utilizing peoples names



Frequently summarize your thoughts out loud ●
(Clinical reasoning, number or rounds of CPR, meds given, etc)

?? **ASK for input!**
You don't have to know it all!

Clinical Scenario

You're told to "**be more authoritative**"

BUT THEN also that you're "**too loud**" or "**too bossy**"

Have you experienced this?

Debrief and Feedback

- 1 *After a moment of silence*
Have a 2 min debrief w/ the team
- 2 **THANK** everyone for their hard work
- 3 **Open up a space if anyone has any thoughts**
(Also invite feedback on your own leadership)
- 4 **Listen, reflect and check-out**

A Better Sandwich

I want to help you grow.
How do you think it went?

I suggest you KEEP/STOP/START...

Does this help you understand
how to improve?

Summary



Embody the role: ***“I AM the Code Leader!”***



Get physical: superhero stance, get a stool!



Talk in a clear, loud voice

FREQUENTLY summarize your thoughts!



Don't forget to debrief with the team!

Thank you to Drs. Lekshmi Santhosh, Kris Breyer, Hope
Caughron & Adali Martinez
(from whom some of these slides were adapted)

Thank you!
Questions?

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